

This majestic hymn celebrates the paradox that for Christians a means of painful death has been transformed into a symbol of renewed life; a sign of defeat has become an emblem of victory. With the cross traced on our foreheads at Baptism we are marked as Christ's own forever.



To sing, rather than simply say, a response to the Declaration of Forgiveness has the effect of making the moment both more affirmative and more corporate. The musical repetition of the two sentences also strengthens awareness of what it means to be assured of God's pardon.

Take Up Your Cross, the Savior Said 718



Written by a nineteen-year-old in Connecticut, this challenging text has been widely printed on both sides of the Atlantic. It is strengthened by its resolute repetition of the same four words at the beginning of each stanza and by the appropriately stark shape note tune.

157 I Danced in the Morning



This 20th-century ballad-like retelling of the life of Christ, though written for this Shaker tune, has many similarities with the pre-Reformation carol "Tomorrow shall be my dancing day." Such narrative carols were common both at Christmas and as part of medieval mystery plays.

TEXT: Sydney Carter, 1963

MUSIC: American Shaker melody; adapt. Sydney Carter, 1963

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